Newsletter Term 2 2023



PRINCIPAL'S MESSAGE Digby Mercer

Como in the News

Last month the school received some very positive publicity all over Australia on TV, radio, print and online. The publicity concerned the school's Intensive Learning Team which is being showcased as an example of best practice across WA and Australia. The school was chosen by the newly formed Australian **Education Research Organisation** (AERO) which is an organisation funded by the Commonwealth and State Governments to conduct research into best practice in education. Over the past four years at least 50 schools have visited Como to look at what the Intensive Learning Team is doing.

School Review and Financial Audit

The delayed review of the school was held last week. A sincere thank you goes to the parents and community members who gave up their time to attend. The purpose of the review was to validate the judgements made about the school's operations based on information from staff, students and parents. The review's findings were positive. The next review will be in three years' time, which the panel agreed with. The school will receive a written copy of the report in a couple of weeks and it will then be posted online. The school was also one of 10 schools in WA to be audited by the Office of the Auditor General and passed with flying colours.

Evacuation and Security Drills

Early next term, the school will be holding two drills, weather permitting. One will be an evacuation where the students will move to a designated muster point, and the other will be where students remain in class and the site is secured. Both drills will allow the school to test plans and procedures and make modifications where necessary.

AIEO

The school recently interviewed four excellent candidates for the position of Aboriginal and Islander Education Officer (AIEO). The position is for two days per week starting next term. It was great to have four, young and enthusiastic people apply. The successful applicant was Sebastion Tondut, who brings a variety of skills to the role. Sebastion is an important addition to the Student Services Team. Initially the position is for two days per week to the end of this year and hopefully grow with time.

School Redevelopment

Last week the president of the P&C, Richard Quance, and the Treasurer, Bob Davis, toured the school with local MLA, Geoff Baker's, and myself to look at the school's facilities. The P&C and School Board, along with Mr Baker are very keen to get improved facilities in the school along the lines seen for Rockingham and Safety Bay Senior High Schools in this year's State budget. There will be a community cabinet in South Perth in October which will be a good opportunity for the school community to express its views on the school's redevelopment.

School Uniform

Following requests from students and parents the School Board at its next

meeting will be considering a change in the school shirt from the current white to a dark blue. The main reason for the change is that the white shirt shows up any dirt and stains can be difficult to remove.

2024 Premier's Anzac Student Tour



The Premier's Anzac Student Tour will travel to Singapore in April 2024.

Accompanied by 3 teachers, the group of 10 students will depart for the 10-day tour on 5 April.

The 2024 program gives students a unique opportunity to investigate the Anzac legacy, find out more about those who served in the armed forces, and to commemorate the 82nd anniversary of the fall of Singapore and 106 years since the signing of the Armistice.

Students from across Western Australia can submit their entries for the chance to be selected as ambassadors for the tour. The tour is an annual competition open to all Western Australian students in Years 8 to 11. Find out more hereA selection panel will choose students as tour ambassadors based on a written submission and interviews which demonstrate their interest in Australian history and understanding of the Anzac legacy. Find out more here

PARENTS AND CITIZENS ASSOCIATION

We are fortunate at Como to be supported by a strong and committed community group. We welcome this years executive committe.

Our 2023 executive committee members are:

Richard Quance - President

Jo Lane - Vice President

Nicole Taylor - Secretary

Bob Davis - Treasurer

As the President of the Parents and Citizens (P&C) Committee, I am pleased to share our collective vision for the future. Our primary aspiration is to support the teaching group in fostering an environment that nurtures every student's potential, empowering them to become confident, compassionate, and successful individuals.

We wholeheartedly support our exceptional staff at Como, who are the backbone of our college. We aim to work closely with them, providing the necessary support and resources to further enhance their teaching environment. We aim to strengthen our community ties, encouraging greater parental involvement and collaboration with local businesses, politicians, and organisations.

Our dream is to see Como Secondary College as a beacon of excellence, inclusivity, and community spirit. We believe that together, we can make this vision a reality.

Richard Quance

Bob Davis - P&C Treasurer

Originally from Sydney NSW (please don't hold that against him) and a Physical Education Primary School Teacher (although you may be surprised when you meet him), Bob brings an interesting and varied background to the P&C Treasurer's role.

Having lived and worked internationally in executive roles for over 15 years, Bob has a significant understanding of different cultures, beliefs and behaviours. This coupled with his Australian business experiences as a senior manager human resources, training and finance allows him to support individual and business outcomes in a manner that engenders teamwork and camaraderie.

Bob is married to Novie, is a grandfather a few times over and lives in Como. His son, Zidane, attends Como Secondary College and is in Year 10.

He looks forward to catching up with you during the year.





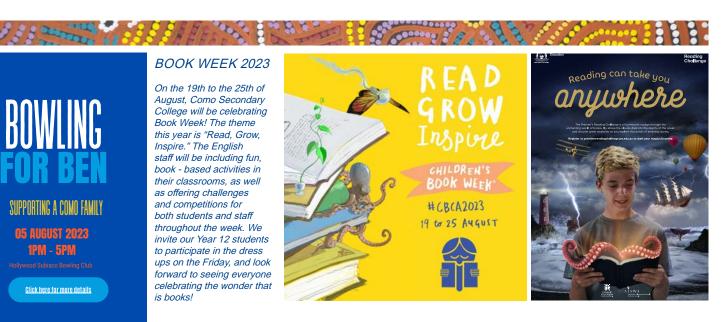
Richard Quance - P&C President

Originally from Sheffield in the UK, Richard has been a resident of Australia since 2006 and has called Como home since 2008. Throughout his career, he has gained extensive experience in publishing, design, advertising, marketing, and, most recently, leading digital design teams in Perth. Richard is driven by his desire to make a positive impact on Como SC, collaborating with a dedicated and skilled P&C group. With his daughter Eva currently attending Como SC and his other daughter Isabella set to join in 2024 for year 7, Richard is personally invested in the success of the school and its students.

P & C can be contacted on pandccomo@gmail.com



Richard Quance, Geoff Baker MLA, Digby Mercer and Bob Davis





Como Secondary College with the support of the P&C provide SchoolTV which offers a wide range of resources to assist with the challenges faced by students and families today. It can be easily accessed via our website homepage using the blue TV icon on the right, alternatively click on the link below.

All SchoolTV topics are divided into series. Take the time to explore each series and topic and make sure you visit the resources section. Here you will find useful factsheets, apps, books, websites and other additional videos - all on one single topic!

Healthy Body School Survival Mental Health Cyber Safety Positive Parenting Special Reports

Social Media Influencers

Social media influencers have become powerful individuals who often shape the opinions and beliefs of others due to strong connections with their audiences. In today's fast-paced digital world, attention has become a valuable commodity.

However, the impact of social media influencers on youth mental health is a growing concern, most recently, the controversial actions and statements of Andrew Tate. His rise to fame has made him a polarising figure, amassing a significant following of mostly young males. Educators and families have raised urgent concerns about the damaging nature of Tate's content, worried that his messages may radicalise students and create a generation of Educating parents on practical strategies to help manage modern-day issues and challenges affecting today's youth across both primary and secondary school levels.

young men with regressive and harmful beliefs.

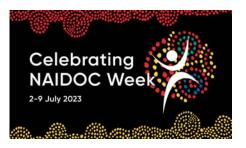
Young people often compare themselves to the idealised lives presented by influencers, leading to feelings of inadequacy, low self-worth and dissatisfaction. Social media algorithms may also expose them to inappropriate or harmful content such as explicit material, promotion of harmful behaviours, or distorted perceptions of body image or mental health.

It is important to guide a young person's social media use and promote open communication. Be curious to comprehend why they might be drawn to radical influencers, like Andrew Tate, and actively seek understanding as part of the solution. While not all influencers have a negative impact, parents play a vital role in ensuring a balanced approach to social media. By actively modelling kindness, respect and positive values, parents can help tackle the sway of radical influencers and be part of the solution to countering unhealthy masculinity.

This Special Report provides guidance on how to respond to misinformation and disinformation, instead encouraging critical thinking and emphasising the value of real-life connections. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please consider seeking medical or professional help.

Click on this link to view the Special Report_

https://como.wa.schooltv.me/wellbeing_ news/special-report-social-mediainfluencers-au



NAIDOC Week

NAIDOC week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander people. It is celebrated by all Australians and is a great opportunity to recognise and learn more about the history and culture of indigenous communities.

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced back to the Aboriginal rights movement, when on Australia Day 1938, protestors marched through the streets of Sydney to highlight the status and treatment of Aboriginal and Torres Strait Islander Australians. Today, it is a week-long celebration held in July that consists of range of traditional and contemporary activities.

NAIDOC Week is an important event that helps build positive relationships between Aboriginal and non-Aboriginal people. It enables a deeper understanding of our differences and similarities. NAIDOC week is an opportunity for all Australians to eliminate bias and discrimination by reflecting and reconciling the wrongs of the past to facilitate hope and build a fairer future. Families are encouraged to join in and support young people in learning the significance of NAIDOC Week.

This Special Report offers suggestions on how families can celebrate NAIDOC Week together. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report https://como.wa.schooltv.me/wellbeing news/special-report-celebrating-naidocweek

Social Media

STUDENT SERVICES

Nicole Richardson and Michael Foster

This term we have been running some social and emotional programs for some of our students aimed at increasing school belonging and connection to school and providing some life skills to better equip our students for any future challenges.

Fusion - Year 7

Our Fusion LIFE SKILLS programme has three thrained youth workers come to work with a select group of Year 7 students. It is designed to equip students with the practical skills, understanding and awareness to better manage themselves, their behaviour, their relationships and their wellbeing.

Raise - Year 8

A group of selected Year 8 students have been participating in the Raise Mentoring program where mentors come and work with the students once a week throughout the to build help seeking, resilience, hope and school engagement skills for the young people participating.

Mighty Man - Year 9

We have a group pf Year 9 students who have been participating in the 'Mighty Man' programme. The aim of the program is to build respect, confidence and integrity amongst our young men through physical, mental and social exercises and activities to build upon the program aims.

Headspace Talk & Tee Off

Our Year 7 students enjoyed an afternoon at Collier Mini-Golf course where they had an information session presented by Headspace on the benefits of exercise to improve mental health and they then enjoyed a sausage sizzle and a round of minigolf with their friends.







Armed for Life

Our Year 7 – 10 students are learning about relationships as part of the Health Curriculum. We had Adam from Armed for Life present to our Year 7 & 8 students on the 'Respect Effect' and our Year 9 & 10 students on 'Consent'. The sessions were informative and gave students the chance to ask any questions they had around these important topics.











Push Up Challenge

Our Year 12 student Jade Press has been working hard as a Student Ambassador for the Push-Up-Challenge. This challenge encourages students to do 3,144 push-ups from 1 to 23 June to raise awareness for mental health. 'Get fit, have fun and push for better mental health'. www.thepushupchallenge.com.au

#pushforbetter



COMO'S GOT TALENT Congratulations to all the students who displayed their talent at the annual Como's Got Talent. A big thankyou to the P&C for donating the prizes to the winning students.













UPCOMING GOOD STANDING EVENTS Year 11 Formal River Cruise - Wednesday 19 July (Week 1) Year 10 Dinner Dance - Friday 11 August (Week 4) Year 9 Casual River Cruise - Wednesday 2 August (Week 3) Year 8 Social - Thursday 24 August (Week 6)

INTERACT NEWS

Lydia Ricchardson

Interact having been busy collecting containers for the Containers for Change program during Term 2.

In Week 8, the Interact Club were fortunate to have guest speaker, Noelene Newman talk about Anzac Cottage, which is situated in Mt Hawthorn. Noelene is a member of the Friends of ANZAC Cottage.

ANZAC Cottage was built in one day in February 1916 as a memorial to the gallant soldiers who fought at Gallipoli and as a home for returned injured soldier John Porter and his family. At one time open to the public entry to the cottage was by gold coin entry. However, the National Trust has now taken over the property and conduct dusk celebrations on Anzac Day and also run a souvenir shop on the premise. Still volunteer numbers have dwindled, and



the cottage needs maintenance and any contributions from the community.

Interact Club will continue to raise funds for the ANZAC Cottage through the Containers for Change program alongside encouraging students at Como to recycle cans.





HEALTH AND PHYSICAL EDUCATION Rhett Brown INTERHOUSE ATHLETICS CARNIVAL

Congratulations to Flame on being the winner of the Como Interhouse Athletics Carnival held in Term 2. The levels of participation from students and staff on the day were fantastic to see. This year we also launched our House Spirit Shield, won by Flame acknowledging students demonstrating the ICARE values and also giving each and every activity the participated in their best shot. Well done to all students and staff, the behaviour and sportsmanship on the day were excellent. We look forward to seeing more of our brilliant Como athletes at the interschool athletics carnival in Term 4 this year. Congratulations to the individual champions who will be acknowledged with their medals at the final assemblies this term.

OVERALL RESULTS

FLAME	5422
PINE	4472
JACARANDA	4334





INDIVIDUAL CHAMPIONS

	Winner	Runner Up
Year 7		
Girls	Nikita Sadler	Zahleeh Abbott
Boys	William Turner	Lincoln Lau
Year 8		
Girls	Kortni Houston	Eva Quance
Boys	Farley Neill	Dhairya Dave
Year 9		
Girls	Kailee Sharp	Mia Cruickshank
Boys	Alvaro Rachmad	John Marsden
Year 10		
Girls	Ginger Archer	Maddie Hill
Boys	Harley Muir	Oliver Benetatos
Year 11		
Girls	Lucy Taylor	Andrea Petzke
Boys	James Shackley	Tristan Lee
Year 12		
Girls	Jaeda Ritchie	Mackenzie Fossilo
Boys	Sam Hannah	Alex Hall















Congratulations to Year 10 student Harley M and Year 11 student James Shackely who have both been selected in the Western Australia in the 2023 Hockey 16s Boys Championship. The team will be competing in August at the School Sport Australia National Championships in Adelaide, South Australia. State representation is an honour and often represents a significant stepping stone in the ultimate achievement of senior and national selection. School Sport WA works very closely with State and National Sporting Organisations to ensure that school sport forms a significant part in the sequential development of the school student.





COMO HOCKEY ACADEMY

HOCKEY HOCKEY HOCKEY

Term 2 sees the start of the Hockey WA club season and Como participating in the School Sport WA run hockey carnivals which brings smiles to hockey players' faces. This year was no different. With no COVID hurdles, the college nominated multiple teams in all carnivals to ensure our Hockey Academy students were given opportunities to represent their school and develop their hockey IQ. We also played in after school matches against Scotch, Shenton College, and St Hilda's.

We had some pleasing results at the School Sport WA carnivals:

Buchanan Cup – Thurs 8 June 2023

The young girls side won through to the Finals Day to be held in Term 3 by winning the round robin carnival. Unfortunately, the day-long carnival fell during our Year 11 exam period so we were without our strong Year 11 cohort, but this did not stop the younger group led by Hockey Captains Mackenzie F and Anna J and fellow Year 12 student Jaeda R from playing some fantastic hockey. The young group stepped up and matched it with older state and private schools. The team were undefeated for the day and finished top of the table having a better goal difference than Shenton College. The Year 11s will return to the squad for the next round in the Cup which may see some changes to personnel.

Ross Meadows Shield - Mon 12 June 2023 (South of the River)

The College nominated two teams into the first stage of the Ross Meadows



Shield. The team coached by Shavni Nelson won all their games and beat Narrogin SHS 2-1 in the final which means they progress through to the Finals Day on 1st September where they will play Shenton College who annihilated their opposition at the North of the River carnival. The surprise came though, with how well the development team performed on the day. The team coached by Tate Napier consisted of Year 7 and 8 hockey students. hockey players at Como who aren't in the programme and a group of very excitable (but coordinated) Year 9 boys. The development team finished a credible 3rd in the 8-team competition.

David Bell Cup (one-day competition) - Mon 19 June 2023

Again, the college took 2 teams to the day-long David Bell Cup competition held at UWA Super turf. The provisional First XI won all of their games and progressed to the Semi-Final Day which will be played on the 24th July 2023. The team focussed on their back 4 structure, midfield support in attack and building quality habits throughout the day. The development team consisting of Year 8 and 9 hockey students were admirably led by a group of Year 11 students who were given the task of supporting the younger players and moving the ball around the pitch. The team improved over the course of the day and finished equal third in the competition being beaten by Shenton in Final A.

Classes and Curriculum

Term 2 sees the Hockey PE/Health classes travel to PHS for Period 0 + 1 lessons where teachers work on students' basic skills and game play. We have continued to work once a week with Curtin University exercise physiologist Alex Webster who facilitates strength and sprinting sessions. Next term these will change to a 4-week block of agility training. After the U15





National championships Hockey Australia highlighted fitness, speed and penalty corner skills as areas needing work. This has endorsed our decision to continue with these sessions.

We are very excited about the School Sport WA finals in Term 3. We will also be holding a Hockey Academy social event and the junior school South West Tour which will take place in the last week of term.

Hockey Academy Promotion Video

This term we contracted Simon Holland from Barefoot Media to create a series of promotion videos for the Hockey Academy to put on social media and also to use at promotion events. Simon followed the Year 9 and 10 hockey students around for a week and then created a energetic and impactful video showcasing the opportunities on offer in the programme. Simon commented on how photogenic and easy the group were to work with. "Academy" awards for best actor and actress in a Sporting Drama will be given out at the final year Awards night Happy tommas

Shayni, Tate and Bruce





















COMO GOLF ACADEMY

Jamie Warman

In what has undoubtedly been a busy Term for the Golf Academy, there have been many exciting moments to recap.

Athletics Carnival

An event we don't often expect golfers to flourish saw the exact opposite. Chanelle Maxwell of Year 7 and Kortni Houston of Year 8 were exceptional performers throughout the course of the events, gaining selection into the Interschool Team. Well done both!

Volunteering

The Year 8 golfers were tasked with volunteering at the 2023 SSWA Primary School Golf Championship at



Gosnells Golf Club. Their roles included raking bunkers, holding flagsticks, assisting with scoring systems, and being a general support to the primary aged children. Our students did not disappoint, gaining positive feedback from Golf WA in how they managed themselves throughout the course of the day.

Upper & Lower School Golf Championships

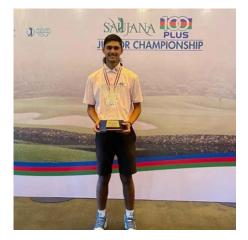
Our golfers were not deterred from the freezing cold morning as they took to Royal Perth Golf Club. Some amazing golf was played, and at the completion of 36-holes, Bailey Pilapil of Year 10 and



Keanu Stevenson of Year 12 emerged victorious as the Lower and Upper School Champions, respectively. Keanu became the 4th student in Como Golf Academy's 25-year history to win the title back-to-back. Our student body carried themselves with great etiquette throughout the course of the day which was noted by a handful of Royal Perth Golf Club members.

2023 Saujana 100PLUS Junior Championship

Congratulations to Year 11 Como Golf Academy student Josiah E on claiming victory at the 2023 Saujana 100PLUS Junior Championship, Kuala Lumpur.



THE ARTS Monique Laves

Music



Music students had a very exciting performance opportunity at the Crown Theatre, Burswood. Since COVID there has not been many opportunities to perform, so we were very excited to hear we had been accepted. The Year 10 class music students and Junior Stage Band performed two jazz pieces at the WAGSMS (Western Australian Government Schools Music Society) concert which features secondary and primary Government Schools.

The rehearsal during the day caused great stress, there is a lot of waiting around in showbiz, and then to be faced with the added pressure of sound and lighting not working felt like the night was doomed. However, once on stage and performing to a full house of paying customers, dressed to impress in school blazers, Junior Band and Year 10 Specialist Music students won the audience over with their smooth jazz tones. Their performance was polished and impressed the crowd, it was said they were the best performance of the night!

Teachers, and conductors Mr Williams and Miss Beahan guided the band with their experience and professional skills, allowing the students to shine. Year 9 students Emily Scully and Kyle Lin stepped up and joined the band for this auspicious occassion. Emily featured as a soloist, a breath-taking performance of her signing an Adele song while playing piano. It was amazing to watch such a talented performer. The night showcased an array of talent that combined music, dance, soloists as well as musical theatre creating a jammed packed evening that went until 10.30pm.

This was a fabulous performance opportunity for our music students, the hard work they have put in this semester certainly paid off and made us incredibly proud.







Farewell And Thank You Lalla West Como's Artist In Residence



Over several years we have been honoured to have Lalla West and Mr Fred Ward work at the school as Artists in Residence. Sadly, Lalla West recently passed away. We would like to acknowledge all the work she has done at Como Secondary College over the years.

Lalla's group is Kungkarrangkalpa Tjukurrpa, she lived in Ngaanyatjarra Lands, in the Gibson Desert of Western Australia. Her most known painting is Kungkarangkalpa Tjukurrpa which is the "Seven Sisters Dreaming "

In 2017/18 Lalla worked with our students on a large mural featuring two large goannas which was displayed in the front office for many years. On another occasion Lalla painted several canvases at school that represented her life 'On Country'. These canvases have been stretched and are exhibited around the school. Over the years Lalla has sent canvases to be exhibited for NAIDOC week, providing us with beautiful exhibitions which has allowed staff to purchase her amazing works.

Lalla embraced working with young people and always had a cheeky sense of humour, she loved organising everyone around the painting, and radiated a sense of pride in her work. The Arts team embrace the partnership between Aboriginal and non-Aboriginal people, learning more about ourselves and each other, and sharing a common journey along the path of healing and reconciliation. We have been very lucky to shared Lalla's culture and celebrated her Artwork at school and in the community.

Lalla and Fred's work is part of the Perth Museum exhibition, they have exhibited throughout the world. Lalla will be missed, she has very many children and great great grandchildren too, we send them our thoughts and are sorry for their loss.





We have had some great experiences this semester in the Create@Como Program.

All Create @Como students spent a morning with author Shane McCarthy, engaging with the author opened up the world of writing and publishing whilst igniting great interest in us all.

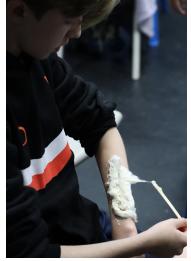
Shane's talk and interactive workshop was highly engaging and well received. He is passionate about storytelling and takes great enjoyment in sharing the ins and outs of writing with his audience. He worked with students on topics ranging from comic book writing, to character creation, to simply writing an exciting story. Much to our surprise we learnt he is the writer for, Transformers Drift: Origins & Empires, Batman: Legends of the Dark Knight and Deadpool Team-Up Vol. 3: BFFs Shane's energy was amazing, he engaged and guided the Create@Como students to enjoy, relate and develop their thinking and writing skills. This creativity is sadly overlooked in many curriculums so this certainly filled an educational gap in a meaningful and valuable way.





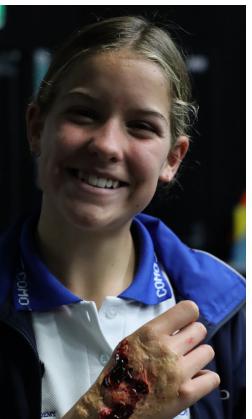




























Create@Como Wraith FZ workshop

A hi-lite of Term 2 was the Wraith FZ workshop with special effects artist Caitlin Button, where the complete Create@Como crew came together for the day. Students worked Caitlin and her model to create some impressive looks. With 60 plus students Caitlin was captivating. Students watched her every move as they excitedly explored a variety of mediums.

As you can see from the images the workshop was a hands-on experience where students were given the opportunity to experiment with special effects used in film and stage. Wraith FX provided a range of quality professional products that allowed them to mimic different special effects, even making our own blood. The workshop inspired the science behind the effects, using latex and building up areas to create cuts and wounds. It was incredible. Students felt inspired and empowered to extend their creativity.

The second part of the workshop involved the students filming a zombie themed act. Students formed groups and came up with their own unique storyline. We then learnt a Glee 'Thriller' Dance with Dance tutor Abby, moving at a quick pace we didn't get quite get the exact Michael Jackson moves but Abby certainly kept us on our toes.

The finale was the editing and viewing of the group videos, each group introduced their movie which was then viewed on the big screen. Many of the final creations included moments of intense suspense, whilst others great humour.

We finished the night with a talent competition and discovered many of the Create students love the microphone. Who would have known!

A big Thank You to Mx Phan, Mr Maclever and Ms V for making the night happen.

Wraith FX was born through our love of art." Caitlin enjoys many mediums including makeup art, drawing, photography, painting and sculpting - https://www.instagram.com/caitlinbuttonart/#



ADMIN & FINANCE NEWS

Contributions and Charges

It is government policy that parents should contribute towards the cost of educating their children. Given that all students benefit from the pool of collected fees, it is fair to expect that all parents should pay the balance of contributions and charges.

Contributions and charges form a large part of the school's income for learning and teaching programs in the school and supports the school in its focus to provide a quality education for all. The College is currently accepting payments for the 2022 and 2023 school year.

Turn one big payment into easy instalments, you may like to consider starting a payment plan now to assist with completing all payments.

Payments are accepted by cheque, cash, Visa, Mastercard, direct deposit and Qkr:

BSB: 066 102 | A/C: 00903523 |Ref: student name

Attendance

 Contact the Hub's 24 hour Attendance Hotline **9365 2011** or email <u>Como.SC.HUB@education.</u> <u>wa.edu.au</u> to advise the reason for student absence before 9.00am

• For early departure provide student with a written note to request permission to leave class

• Write an explanation for absence and send it via your child as soon as they return to the College

 Respond promptly to SMS and Absentee Letters

Contact Details

Please advise changes via Consent2Go, email to <u>Como.</u> <u>SC.AdminSupport@education.</u> <u>wa.edu.au</u> or Change of Details Form available at Administration.

Commuications are usualy sent via email; please ensure we have yor correct address



The onboarding process of students onto SEQTA Learn and parents onto SEQTA Engage is proving positive on many fronts.

If you are experiencing any problems or have not received a parent login please contact the college on 9365 2000.

Please remember to check SEQTA Notices to keep up to date

PARENTS & CITIZENS

Meeting

The P&C meet once a month during term time on the 3rd Monday of each month at 7.30pm at the College in the Elicos Room. Attendance at these meetings is a great way to find out more about what is happening in the College, its future plans and how these will affect your child and your family. It is also a venue for parents to voice concerns, raise issues and discuss ideas both with the Principal and with other parents.

Second-Hand Uniform Shop

The second-hand uniform shop is run by the P&C with all funds raised going towards projects to benefit all students.

It is located in B Block and open during term each Friday, 8.30-9.15am. Non-students need to sign in at the front office where staff will assist to locate the shop.

The shop is run on donations only.

No longer required, preloved uniform items in good condition can be dropped at reception 8am-4 pm Mon-Fri.

EMERGENCY SERVICES AND HELP LINES

Call 000 in an emergency if you feel someone is at risk of harm OR for mental health emergency assessment, support and referral contact:

- CAMHS Crisis Connect supports children and young people under 18 years (family who have concerns can call 24 hrs/7 days a week incl. public holidays for a tele-mental health assessment or advice) call 1800 048 636
- Mental Health Emergency Response Line (MHERL) is 24/7 for adults – 1300 555 788 (metro).
 Peel callers – 1800 676 822 (free)
- RuralLink for Rural and remote areas from 4:30 pm to 8:30 am (Mon to Fri) and 24 hrs (Sat, Sun and public holidays) - 1800 552 002
- Find your GP after-hours clinic
- Call after hours GP Helpline on 1800 022 222

NEED SOMEONE TO TALK TO

Women's Domestic	1800 007 339	
Violence Helpline		
Beyondblue	1300 22 4636	
Crisis Care Helpline	9223 1111 Or	
Country Toll Free	1800 199 008	
Headspace	1800 650 890	
Kids Helpline	1800 551 800	
Lifeline	13 11 14	
Men's Line Australia	1300 789 978	
Suicide Call Back Service 1300 659 467		
The Samaritans Crisis Line 135 247		
(7 am to 7 pm)		