

## Important dates:

**Wednesday 17 August**  
Year 12 Outdoor Ed Camp

**Tuesday 23 August**  
Interact Crazy Sock /Hair Day

**Wednesday 31 August**  
YOHfest

**Friday 23 September**  
Last Day Term 3

**Monday 10 October**  
Student Free Day  
(School Development)

**Tuesday 11 October**  
First Day Term 4

View the

[College Events, Term Dates & Calendar](#)

Follow us on Facebook and keep up to date with all the news [here](#)



## PRINCIPAL'S MESSAGE

### Digby Mercer

#### School Development

There have been three significant events in the past two months as a part of the school's improvement agenda. Two were full-day workshops for teachers within the school who want to develop their leadership skills. Ten teachers from this school joined 20 other teachers from Kent Street Senior High School and local primary schools to participate in this important program. All the participants want to advance their careers and have gone through a selection process. The program has the intention of supporting and developing high potential leaders to build leadership capability and influence student outcomes. All the participants are now engaged in their own piece of action research into leadership and will present their findings at the third and final leadership workshop to be held late in Term 4.

The third event was a two-day workshop on instructional coaching organised and hosted by Como. Thirty-two teachers from this school and surrounding primary and secondary schools attended. Instructional coaching is one of the most powerful and effective ways to improve teaching and learning in schools. An instructional coach partners with teachers to help them improve teaching and learning so that their students become more successful. They can do this by:

- Help the teacher to analyse current reality
- Setting goals
- Identifying and explaining teaching strategies to hit goals
- Providing support until the goals are met.

The teachers involved in the program will now practise what they learnt at the workshop on each other and hone their skills. Next year the instructional coaching program will be rolled out across the whole school as we implement schoolwide effective teaching strategies.

#### Equity, Diversity and Inclusion

The Department of Education has a range of policies and plans relating to equity, diversity and inclusion in public schools. These include the following:

- Equity, Diversity and Inclusion Plan 2021-2025 which outlines the Department's commitment to inclusive, culturally safe and responsive workplaces and developing a workforce that reflects our diverse communities.

- The Disability Access and Inclusion Plan 2018-2023 is the Department's commitment to provide students, parents, community members and staff with inclusive, accessible, safe and welcoming schools, services and workplaces. The Plan identifies the positive strategies the Department is adopting to ensure people with disability are accorded respect, are listened to and have choices about how their needs are met.

- Procedures and guidelines for supporting gender and sexually diverse students. Schools are expected to create supportive and inclusive school policies for lesbian, gay, bisexual, transgender and intersex (LGBTI) students.

Positive, supportive and inclusive school environments can improve the mental, social, emotional and wellbeing of gender and sexually diverse students. To support gender and sexual diversity schools are expected to;

- o have a culture of openness, diversity and a mutual understanding of expected behaviours
- o recognise and accept gender diverse students, parents, carers or staff
- o identify and address issues caused by peer pressure, social stigma and bullying
- o include social and emotional learning resources, topics and programs
- o provide regular communication to the school community on the stance on unlawful discrimination, harassment and bullying.

- The Aboriginal Cultural Standards Framework supports schools to:

- o develop mutually respectful and collaborative relationships with Aboriginal students, families and communities
- o create culturally safe learning environments where Aboriginal students feel welcome, safe and valued
- o build on the strengths of Aboriginal students to engage them in their learning
- o select and evaluate culturally responsive resources.

Visitors to the school often comment on how our students are warm and welcoming. We would like to build on this to ensure that all of our students, staff and members of the school community feel that they belong and are respected. To this end the School Board and the Parents and Citizens' Association have unanimously endorsed the following statement:

***Como Secondary College aims to be a welcoming school characterised by an acceptance and understanding of diversity in order to create a safe learning environment in which every student thrives. Students, parents and staff will feel they belong no matter their race, ethnicity and national origins, gender and gender identity, sexuality, socio-economic class, age, religion, and disability. All members of the school community are active participants in building a welcoming school culture that values diversity, fosters positive, respectful relationships and values the contribution of all students.***

## COVID

Covid is still impacting the school but we have been very fortunate to have not had the severe effects suffered by some other schools. Your role as parents has been greatly appreciated. Encouraging your child to wear a mask for their protection and the protection of others, as well as keeping them home when exhibiting symptoms, has gone a long way towards moderating the Covid effects at this school. This week we hope to be issuing more rapid antigen tests to families.

**An amazing effort from Yr 12 ATAR Art student Alanna T. Her oil painting *Never Ending Study* has been selected as a finalist in the Young Originals Exhibition. The stunning piece attracted a lot of attention at the opening night.**

<https://youngoriginals.com.au/2022/portfolio/atar-never-ending-study/>  
<https://youngoriginals.com.au/2022/>



Congratulations to Yr 12 ATAR Visual Arts Mei L, Afreena M and Nick W whose artwork has been selected to hang in St George's Cathedral as part of the St George's Art Awards. Special mention to Afreena, whose piece was awarded a Highly Commended at the St George's Art Award's Night. <https://art.perthcathedral.org/exhibitions/2022>

Mei and Afreena's work was also selected in the META Awards and is currently on display until 19 August, Gallery Central Aberdenn Street, Perth



# NAIDOC Week

This year's theme – Get up! Stand up! Show up! – encouraged us all to champion institutional, structural, collaborative and cooperative change while celebrating those who have already driven and led change in Aboriginal and Torres Strait Islander communities over generations.

At Como Secondary College events were held around the school each day focusing on learning, sharing and teaching about NAIDOC week. We celebrated the history, culture and achievements of Aboriginal and Torres Strait Islander people.

Planning began weeks before with our student councillors meeting with the Follow The Dream students (to plan what activities would be meaningful in our school community. Follow The Dream supports the aspirations of Aboriginal students to successfully complete their secondary schooling.

Activities, events and displays ran throughout the week

- Plastic wrap murals in each year group quad with specific colours allocated to each year group. Our first nations students started the murals on one side whilst other members of the school community added their hand prints within pre drawn designs. Great fun was had by all.
- The Indigenous Hall of Fame was hung in the walkways for all to read. This display details the achievements and successes of Aboriginal and Torres Strait Islander people and includes Stan Grant, Brownwyn Bancroft, Anita Hiess and Nicky Winmar.
- Crystal Hobbs, an ex-student now studying medicine, returned to paint a mural during lunch.
- Year group assemblies were held throughout the week where students listened to Stan Grant's insightful message.
- Face painting and bracelet braiding brought students and staff together.
- The canteen added bush spices to the menu and made kangaroo burgers that were amazing.
- Lalla West, a senior Ngaanyatjarra woman, sent her painting and stories to exhibit for NAIDOC week in our school library.

A highlight of the celebrations was the sand mural designed by students Rickie and Alice and created with the help from other students. A big thank you to Noongar Elder Mr James Web (Alice and Ricky's Pop), who consulted with our students and advised them how to go about designing the mural. Check out the video <https://drive.google.com/file/d/12e389VDPUDXXGRQAUWuPZrntHmMJY3Ri/view?usp=sharing>

The mural was unveiled following a traditional Smoking Ceremony performed by Elder, George Hayden. This was an uplifting and unique experience for students and staff. The event was attended by indigenous families from our community, Geoff Baker MLA, and representatives from Rotary, the schools Parents and Citizens Association and Board.

The week of celebrations was a positive feature in the school year and an apt way to end the term. It was great to see so many of our students involved and strengthen links with our local community through these celebrations. A huge thank you to everyone involved for your support!



NAIDOC week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander people. It is celebrated by all Australians and is a great opportunity to recognise and learn more about the history and culture of indigenous communities.

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced back to the Aboriginal rights movement, when on Australia Day 1938, protestors marched through the streets of Sydney to highlight the status and treatment of Aboriginal and Torres Strait Islander Australians. Today, it is a week-long celebration held in July that consists of a range of traditional and contemporary activities.

NAIDOC Week is an important event that helps build positive relationships between Aboriginal and non-Aboriginal people. It enables a deeper understanding of our differences and similarities. NAIDOC week is an opportunity for all Australians to eliminate bias and discrimination by reflecting and reconciling the wrongs of the past to facilitate hope and build a fairer future. Families are encouraged to join in and support young people in learning the significance of NAIDOC Week.

Here is the link to your special report [https://como.wa.schooltv.me/wellbeing\\_news/special-report-celebrating-naidoc-week](https://como.wa.schooltv.me/wellbeing_news/special-report-celebrating-naidoc-week)

# Vaping

Do you know what they're vaping?

Como Secondary College, like many other schools, has seen a recent increase in young people vaping.

Electronic cigarettes or e-cigarettes, often called 'vapes', are electronic devices designed to deliver vapourised liquids into the lungs. There are many different styles of vapes and types of e-liquids, or e-juices, available. Vapes come in many shapes and sizes and can be made to look like everyday items including highlighters, pens or USB memory sticks.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true. Vapes are not safe.

## Vaping facts

- Many vapes contain nicotine making them very addictive.
- The nicotine in 1 vape can equal 50 cigarettes.
- Vapes can contain the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray. They just don't put it on the pack.
- Vapes can leave young people at increased risk of depression and anxiety.
- Young people who vape are 3 times as likely to take up smoking cigarettes.
- Vape aerosol is not water vapour.
- Vaping has been linked to serious lung disease.
- Vapes that contain nicotine can cause long-lasting negative effects on young people's brain development.

## Signs your child might be vaping

Tell-tale signs that your child might have started vaping include the symptoms of nicotine addiction such as feeling irritable or anxious.

## The laws around selling vapes

It is reported that young people often purchase vapes online, from retail stores or from friends and contacts in the community. However,

it is illegal in WA to sell e-cigarette devices and nicotine vaping products to anyone regardless of age, unless they are prescribed by a doctor for smoking cessation purposes and obtained with a prescription from a pharmacy.

In WA e-cigarette devices and their components, whether they contain nicotine or not, cannot be sold by tobacco or general retailers. If you suspect someone is selling vapes or e-cigarettes and their components, you can report it to the Department of Health by emailing [TobaccoPolicy@health.wa.gov.au](mailto:TobaccoPolicy@health.wa.gov.au)

## Talk to your child about vaping

Whether you suspect your child is vaping or not, take the time to talk to them about vaping and help them understand the risks. Try to start the conversation in a relaxed easy-going way, be patient, and remember your goal is to have a conversation, not deliver a lecture. Importantly, have your facts ready.

## For more information

Get the evidence and facts at [www.education.wa.edu.au/drug-education](http://www.education.wa.edu.au/drug-education)



# SCHOOLTV



## SPECIAL REPORT: Building Resilience Post Pandemic

Unfortunately, the mental health of young people has been significantly impacted by the pandemic. As many families settle back into pre-COVID routines, there seems to be a pervasive sense of optimism about what lies ahead.

Unfortunately, children and teens are not immune to what is now being termed the "psychological pandemic". Young people are at risk of not achieving the primary demands of developmental tasks such as procuring independence, identity formation, as well as obtaining and maintaining peer relationships. What kids need most in the current environment is support, understanding, empathy and encouragement from caring adults. They live up or down to the expectations we set for them.

If there is a panacea to the adversity caused by the pandemic, then it is the building of resilience. Resilience is the capacity to face, overcome, be strengthened and transformed by adversity. Never before, have parents needed the skills, the knowledge and the strategies to build resilience in their children as much as they do now. There are 7 integral and interrelated components that make up being resilient that can help young people thrive and develop healthy coping strategies.

This Special Report explores the "7 C's of Resilience" and includes suggested strategies on how adult carers can best facilitate them. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report [https://como.wa.schooltv.me/wellbeing\\_news/special-report-building-resilience-post-pandemic](https://como.wa.schooltv.me/wellbeing_news/special-report-building-resilience-post-pandemic)

Schooltv is a valuable resource provided by our Parents and Citizens Association. It can be accessed via our [website](#) using the TV icon on the right side button menu. Other topics covered include;

- [Managing Screen Time](#)
- [Sextortion](#)
- [Surviving Year 12](#)
- [Mindfulness](#)

The site covers many different topics to help raise happy and resilient young people and is well worth a look.



## Meet The Team

### CHARLES GABRIEL

Hello Como Community!

My name is Charlie Gabriel, and I am an English Teacher here at Como. I have recently started teaching at Como in 2022, having previously taught at a school in Mandurah – and am incredibly excited to be part of the College environment.

I grew up in Melbourne and moved to Perth in 2009 (and haven't looked back!) Prior to becoming a Teacher I worked in the legal profession for two decades, and am grateful to be able to bring a wealth of experience to Como and the teaching profession generally.

Having been born and raised in Melbourne means, however, that I have also brought an appreciation for some "exotic" tastes; the North Melbourne Football Club being chief amongst them. I love the beach during summer, and can often be found on the sand, sheltering under a novel from the sun. I enjoy playing a lot of sport in my spare time including tennis, football, and cricket. I have a 5-year-old Golden Retriever named Atticus who keeps me busy and active, and also in need of ever-increasing quality of vacuum cleaner! I love watching sport when I'm not playing it, and am an avid fan of Liverpool FC. I hope to travel to the UK in the near future to visit Anfield and see them play.

I am very glad to be joining Como this year and hope to spread my appreciation of English and literature to all my students.

Please say 'hi' when you see me around the school!

Thanks!

Mr Gabriel



### ELIZABETH MARTIN

My name is Elizabeth Martin, and this is my first year at Como Secondary College. I currently teach English and HASS to years 8, 9 and 10. Thus far my first year here has been a fantastic experience. I cannot speak highly enough about the students and staff that I have had the pleasure of working with these past six months. All of the friendly faces have made my transition to the school that much easier.

Prior to arriving at Como, I taught English at Narrogin Senior High School for two years. Before I arrived in Australia, I taught in the United States, United Arab Emirates and China, with 7 years' experience teaching courses in English, psychology and social studies to years 6 through 12. I have also worked in educational research at Vanderbilt University, where I earned my Masters of Education. I am originally from the state of Kentucky in the U.S., but I have resided in Western Australia since 2016 and I'm proud to now call it home.

I look forward to the rest of this school year and continuing my work with this wonderful school community.

## EdConnect Australia – Volunteers Needed



### Mentoring:

We need positive role models to help provide one-on-one emotional support, guidance, and encouragement to students, in a safe and confidential environment. This could involve working on school projects together or simply playing games and chatting. Minimum commitment of 12 months required.

### Other Opportunities:

There are a wide variety of other roles we need volunteers for. Some of these include breakfast clubs, homework clubs, supporting children for whom English is a second language, school gardens, school canteens and more.

EdConnect Australia recruit, screen and train skilled volunteers to provide life-changing support to students in local schools. For more information visit [www.edconnectaustralia.org.au/volunteer](http://www.edconnectaustralia.org.au/volunteer) or call us on 1800 668 550 NOW!

### Can you spare just 1-2 hours a week?

#### Learning Support:

Do you worry about the children that missed out on crucial learning due to extended COVID-19 lockdowns? We need volunteers to spend time listening to a child read or help out generally in the classroom. A love of reading, passion for learning, and patience are the only requirements!



# STUDENT SERVICES

Nicole Richardson and Michael Foster



## BullyZero Presentations

Year 8-10 Students watched presentations from BullyZero at the end of Term 2.



## Year Group Award Assemblies

All year group achievements were celebrated with the end of term year group award assemblies. Well done to students that were acknowledged for academic excellence and well done to those students nominated by their teachers for demonstrating the Como Way Values.



## Barber Shop Program

A group of Year 9 & 10 students have been learning all sorts of barber skills under the direction of Connor from 'The Dapper Scoundrel Barber'. This is a 10 week program aimed at improving school motivation and learning some life skills along the way.



# HOCKEY ACADEMY TERM 2

## John McKnight - TIC

### Thanks Tom Harvie

Our year 8's and 9's have been very fortunate receive coaching from Tom Harvie this term. Tom is a WA player who is in the Australian Men's National Development Squad. His sessions, advice and insight have been extremely well received by the students and they have thoroughly enjoyed his sessions.

We thank Tom for his time with us and wish him all the very best in the future as he strives towards Kookaburras selection. We are sure it is not far away!

### Ross Meadows Shield

Our year 7, 8 and 9 students competed in the first round of the Ross Meadows Shield on Thursday 23rd June. All of our students played extremely well and displayed The Como Way throughout the day. Both teams played some fantastic hockey throughout the day with amazing goals being scored by a variety of students.

All of this years hard work was on display as the students displayed fitness, speed, skills, poise and finesse in all their games.

Congratulations to 'Como Aqua' who have progressed to the finals day of the event next term. Great work from all!

### HA Level 1 Umpiring Assessment – Beaconsfield PS Carnival

On Friday 24th June our Year 12 students umpired the Beaconsfield Primary School Carnival as part of their Hockey Australia Level 1 Umpire Accreditation. It was a fantastic day where all of our year 12's were a credit to the Hockey Academy and the school.

All of our year 12's have now successfully completed their accreditation and are able to umpire league matches up to senior level. Congratulations!

Our year 11 students will also be completing the final part of their HA L1 Umpire Assessment at the Parkwood Primary School Carnival early next term.

### Congratulations Georgia Hiskins, Zed Kearnan and Sarah Van De Klashorst

Congratulations to 3 of our year 10's who have been selected for the SSWA U16 teams this year. Many of our academy students trialed at this level and the competition was extremely fierce. The feedback on all of the CHA students was extremely positive, and hopefully a great learning experience for all involved.

Good luck to Georgia, Zed and Sarah in their upcoming tournaments.

### Specialist GK Coaching

Our specialist GK program is now in full swing. There has been extremely positive feedback from our academy goalkeepers on the quality of tutelage and enjoyment of the sessions they have received thus far. Many thanks to Hunter Banyard for his expertise with our goalkeepers. It is very much appreciated.

### Term 3 – Training Squads and Matches

The new format of training squads and matches has also received positive feedback and is looking like a successful addition to the academy. Please remember your allocated squad and training day so as not to miss out on another valuable learning experience and some great fun! The squad lists and training dates are posted on the CHA SEQTA Portal and on the CHA Notice Board at school.

### New Uniform Sweatshirt

A reminder that the new sweatshirt is available via Uniform Concepts. Despite some unforeseen delays with embroidery, these are now in stock with a much shorter turn-around time.

### Notice Board and SEQTA

For updates and information on further new additions to the program throughout the year, students are already aware of the Hockey Academy Notice Board where they can relay this back to you at home. The new SEQTA Como Hockey Academy Portal is also now up and running. Please check this for all current information on the Hockey Academy.



As this is my last newsletter entry, I would like to take this opportunity to thank all of the parents and students in the academy for their support and warm wishes. I wish each of you all the very best for the future and will hope to see you all soon around the hockey circles.

John McKnight  
TIC Como Hockey Academy



# HOCKEY ACADEMY TERM 3

## Tate Napier - TIC

I would firstly like to extend a huge hello to you all. I am very pleased to be back in the hot seat and enjoying working with the students of the Hockey Specialist program after a rather enjoyable long service leave break. I would also like to extend my thanks to John McKnight for his time, efforts and new ideas for the program during Semester 1.

A couple of things to note as we push forward into the remainder of this semester.

### Communication

SEQTA is now the primary means for communicating with students and families about the hockey program.

Class-specific information will be communicated directly with the students in class, as well as through their SEQTA class page, email and direct message (SEQTA) to students and their families (where appropriate).

Students and families can access program-specific information via the Como Hockey Portal. This includes upcoming excursion details, team list announcements, etc.

All parents and guardians can access SEQTA through SEQTA Engage.

### SSWA Champion Schools Hockey 2022

The School Sport WA Interschool Hockey competitions for junior and senior players are in full swing. Keep an eye out on the SEQTA Hockey Portal Page for team announcements, fixtures and venues as they become available.

Congratulations to the David Bell Cup and Ross Meadows Shield teams who have already qualified for the final in their respective competitions. We hope to see the Buchanan Cup teams join them following their semi-final day due to be held on Friday 19-August 2022.

Dates to add to your calendar:

#### Juniors (Year 7 – 9)

Ross Meadows Shield Final  
Monday 29th August 2022  
Venue TBA

#### Seniors (Open Boys)

David Bell Cup Final  
Monday 29th August 2022  
Venue TBA

#### Seniors (Open Girls)

Buchanan Cup Semi Final Day  
Friday 19th August 2022  
Perth Hockey Stadium

Buchanan Cup Final  
Monday 29th August 2022

### State Team Announcements

#### Hockey WA U13 Girls State Teams

- Peyton Ritchie, Year 8  
- Brianna Penman, Year 7 (Train On)

From the final list of 32 girls, Hockey WA will name two even teams to compete in the 2022 Hockey Australia Under-13 Carnival to be held on 28 September to 4 October 2022 in Hobart, Tasmania.

#### SSWA U16 State School Girls

- Georgia Hiskins, Year 10  
- Sarah Van De Klashorst, Year 10

#### SSWA U16 State School Boys

- Zed Kearnan, Year 10

The SSWA U16 National Championships were held in Hobart from the 30th July – 6th August. The Boys finished 4th on the table after the round matches, and drew 1-1 with the home team Tasmania in the Bronze Medal match. The girls finished 3rd on the table after the round matches, and won 2-0 against South Australia in the Bronze Medal match.

Congratulations to Zed Kearnan, who was selected in the Australian train-on squad following the championships.



### WA Takes Gold

Congratulations to the SSWA U15 Netball Team on their victory over Queensland. Special mention to Como Yr10 student Lucy T.



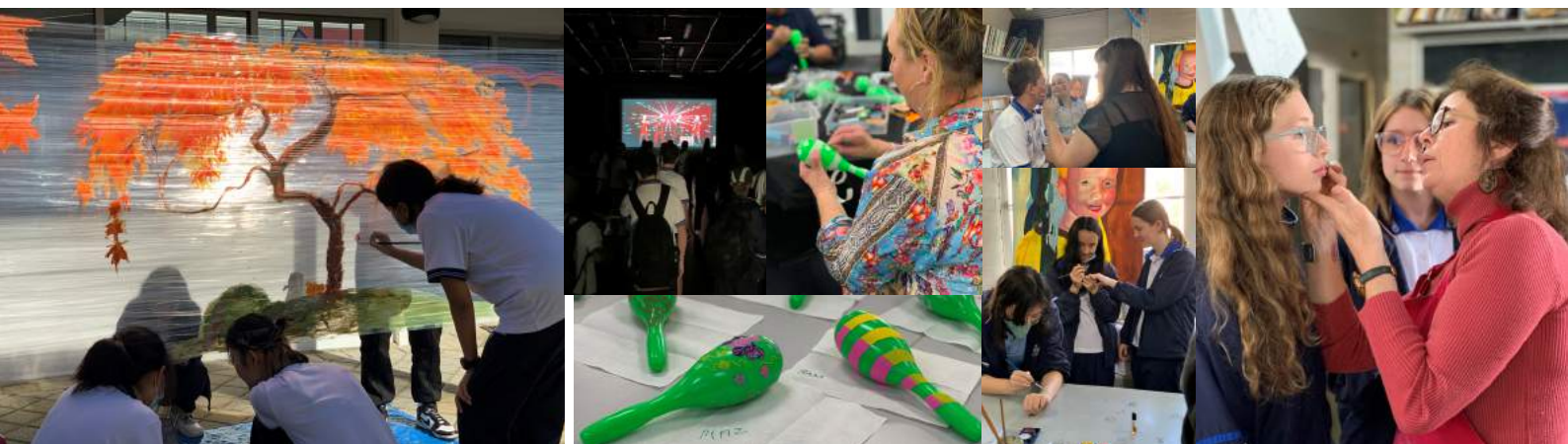


### Internation Arts Weeks

Art brings us closer together. A painting, an artefact, a piece of ancestral music speaks volumes about the history of civilizations and the ties that bind them. It makes us to feel and to understand what unites humanity in the diversity of its cultures and expressions and thus contributing to our bright and sustainable future.

[www.unesco.org/en/international-arts-education-week](http://www.unesco.org/en/international-arts-education-week)

The International Arts Education Week aims at increasing the international community's awareness on the importance of arts education and at reinforcing its cooperation by promoting cultural diversity, intercultural dialogue and social cohesion.



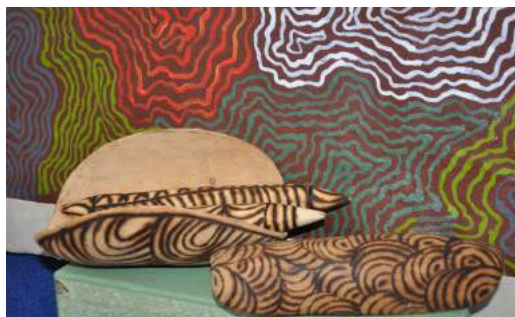
**Thank you to the Arts team for the great week of activities throughout for staff and students, it was exciting to raise the energy at school with the Arts Quiz, Music, Murals, Well-being workshops and more...**

## Lalla

Over the years Como Secondary College has worked with traditional Aboriginal Elders with an Artist in Residence program enriching our creative skills and cultural knowledge.

Lalla West is from the Patjarr Community which is situated on the edge of the Gibson Desert Nature Reserve, her paintings represent "My Country". The land in which she and her family live on.

For NAIDOC week we were fortunate to exhibit Lalla's paintings in the Library.





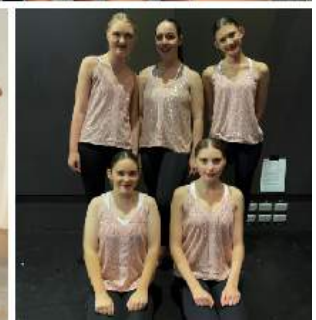
On Wednesday the 15th of June, dance students from Year 9, 10 and 12 performed at the State Theatre Centre in the South of the Swan Festival.

The Year 12 General Dance students performed a sassy and energetic jazz item entitled 'Burlesque'. For their last year at Como, they wanted to perform an upbeat entertaining piece that would have the audience smile. The choreography was assisted by the students.

The Year 10 Extension Dance group had been working on their jazz technique and skills this Semester. They performed a jazz routine entitled 'Can't Touch It', which expressed joy, happiness and confidence. The choreography was assisted by Ry D and Annika G (Yr 10), and Jade P (Yr 11).

The Year 9 General Dance group had been working on their lyrical technique and skills this Semester. They performed a lyrical routine showing how they help each other find who they truly are. This performance entitled 'Find Me' was choreographed with the assistance of Year 9 students Sarah H and Halle H.

Congratulations to all students involved, you made Como proud!



## COFFEE MACHINE

Thank you to our school P & C, President Jesvin K organised and paid for our barrista coffee machine to be serviced in time for our Incursion Music Camp. Arts staff were excited to have the machine working to welcome our music parents and enjoy a freshly made coffee. We thank you for your ongoing support and look forward to making coffee at our next fund raising event.

### Student Success – BE BETTER

The College Rewards and Recognition System recognises the little things students do throughout the ARTS that contribute to the college community in a positive way, a positive attitude, improvement in their work, meeting a deadline, helping out, or an act of kindness.

## BUSINESS COURSE 2021

### Nicole Richardson

As part of the Year 9 Business Course in 2021, the proceeds the students made from running their own businesses were donated to a charity called, "Borderless Friendships". We have received a recent update from them thanking the students for their contribution. The donation went towards making 14 of our older students very happy. Our hill tribe friend and I went today and bought a lot of goods for our older students who are studying at vocational colleges. They are extremely poor and cook for themselves so we bought noodles, soy sauce, chilli, garlic, eggs, lots of toiletries, soap powder plus a fan (the 3 young men share a tiny room at their college - it was 50 degrees in there today!!)

Another group of students live in a different hostel and they received the same things, plus 2 fans and other essentials.

We were thrilled to receive your donation yesterday.

Sawasdee Kar and thank you from Chiang Dao Thailand





## Kiara Wild - TIC

### Young Women in Jazz

On Sunday 26th June our Year 8 Music student Emily performed on stage at Lyric Underground as part of the Young Women in Jazz Program. Emily attended eight workshops and rehearsals held at WAAPA this term in preparation for the final performance. The Young Women in Jazz Program aims to build confidence in performing and soloing and runs each year for participants aged 10 through to 25 years of age.

Emily's ensemble, 'Casual Business Friends', performed well known jazz hits such as 'Sugar' and 'Blues In The Closet'. Congratulations on a professional, entertaining and jazzy performance on the trombone!



## Gemma Farrell

In partnership with WAM, our Year 10 Music Students were fortunate to have worked alongside Perth professional Saxophonist and Band Leader, Gemma Farrell. For the past five weeks, Gemma has guided the year 10 class through composing jazz pieces. In pairs or individually, students were able to perform their compositions at the end of the 5 week course for each other. Thank you to Gemma for her tips and tricks in composing!

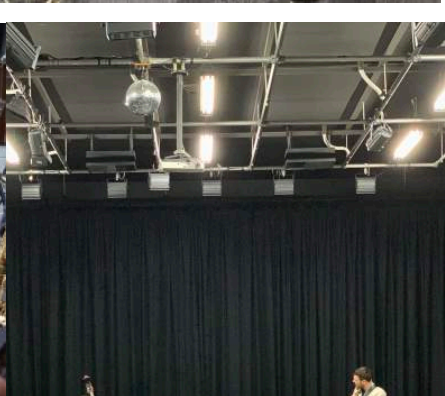
## Music Extravaganza Incursion

Students in the Music Program had a jam packed two days of Music Learning during week 9 in Term 2! They were able to select masterclasses, workshops, performances and rehearsals over the two days that peaked their interests. Students had the opportunity to experience different music avenues in the industry and learn from professionals.

Special thanks to our presenters:

- Helen Shanahan: Lyric Writing Workshops
- Junkadelic: Rhythmic and New Orleans Style Performing
- Blended Beats: Learning to DJ class
- Starma: Learning to Beatbox and How to Live Loop Workshop
- WAYJO: Rehearsing our Senior Stage, Junior Stage and Year 10 Jazz Bands
- Chris Milne: Guest conducting our Junior Concert Band
- Didgeridoo Breath: Learn to play Didgeridoo Workshop
- Evgenia Moore: Learning to Conduct Masterclass
- Bronwynn Sprogowski: How to Perform and Market Yourself Masterclass
- Alex Borserini: MIDI Composing & Instrument Making
- Lindsay Timms: Trumpet Masterclass & Play Along Sessions
- Chris Booth: Learning to Drum
- Archie Phan: Recording Basics Workshop
- Mat Fagan: Guitar Building from Scratch Workshop
- David D'Uva: Amplifier Workshop & Rhythm Section Workshop
- Ela Kwasny: Flute Masterclass & Nanoblock Instrument Competition
- Beau Torrance: How to Restring Guitars Workshop
- April Ashton: Improvising Masterclass & Saxophone/Clarinet Masterclass
- WAM: Providing our closing event
- Gemma Farrell Quintet: Performance and Q&A Session







## Senior Concert Band Festival

On the weekend, our Senior Concert Band performed at the Senior Concert Band Festival. The ensemble, under the direction of Mr Chris Milne, performed two pieces. During the first piece, the auditorium had a black out but the students were so well rehearsed they were able to keep playing! Both "Galop" and "Celtic Ritual" were performed to a high standard and students received a workshop after performing. Well done to Senior Concert Band on a great performance and representing the Specialist Music Program!



## Upcoming Events

This term we have a variety of festivals and performances coming up for the Specialist Music Program. If you can make it, we'd love to see you there supporting us!

- Saturday 27th August, Contemporary Music Festival (Held at Canningvale College)
- Saturday 10th September, Junior Concert Band Festival (Held at Churchlands SHS)
- Thursday 15th September, End of Year Concert (Held at Como SC)

For more information on events, please contact [kiara.wild@education.wa.edu.au](mailto:kiara.wild@education.wa.edu.au)



## TECHNOLOGIES

### Kirsten Romany - HoLA

On Monday 8th August the Year 12 Food Science and Technology Class prepared and served a Cancer Morning Tea to all staff. This was their major practical assessment for the year.

Over three weeks, working with a range of dietary issues, they devised, trialed and modified recipes and considered presentation in order to select a range suitable for preparation and service at a morning tea. The theme of the Como Secondary College Cancer Morning Tea is pay as you feel, with staff encouraged to donate as much as they felt worthy of the cause and the efforts of the students.

Staff were delighted with the range of hot savoury items and delicious sweets on offer and students can't wait to see how much they have raised for the Cancer Council. Congratulations to all involved!





## Jo May - Corporate Services Manager

### Contributions and Charges

It is government policy that parents should contribute towards the cost of educating their children. Given that all students benefit from the pool of collected fees, it is fair to expect that all parents should pay the balance of contributions and charges.

Contributions and charges form a large part of the school's income for learning and teaching programs in the school and supports the school in its focus to provide a quality education for all. The College is currently accepting payments for the 2021 and 2022 school year.

Turn one big payment into easy instalments, you may like to consider starting a payment plan NOW to assist with completing all payments.

Payments are accepted by cheque, cash, Visa, Mastercard, direct deposit and Qkr:

BSB: 066 102 | A/C: 00903523 | Ref: student name

### Attendance

- Contact the Hub's 24 hour Attendance Hotline **9365 2011** or email [Como.SC.AdminSupport@education.wa.edu.au](mailto:Como.SC.AdminSupport@education.wa.edu.au) to advise the reason for student absence before 9.00am
- For early departure provide student with a written note to request permission to leave class
- Write an explanation for absence and send it via your child as soon as they return to the College
- Respond promptly to SMS and Absentee Letters

### Contact Details

Please advise changes via Consent2Go, email to [Como.SC.AdminSupport@education.wa.edu.au](mailto:Como.SC.AdminSupport@education.wa.edu.au) or Change of Details Form available at Administration.

**COMMUNICATIONS ARE USUALLY SENT BY EMAIL – PLEASE ENSURE THE COLLEGE HAS YOUR CURRENT EMAIL ADDRESS.**

### STUDENT PICK UP & DROP OFF

Parents are welcome to drive down to Admin to collect students who are unwell or visit the office. Please use the intercom situated at the cable gate to gain entry.

# SEQTA

The onboarding process of students onto SEQTA Learn and parents onto SEQTA Engage is proving positive on many fronts.

If you are experiencing any problems or have not received a parent login please contact the college on 9365 2000.

**Please remember to check SEQTA Notices to keep up to date**

# Consent2Go

Consent2Go will be used for incursions and excursions.

Please complete your Consent2Go profile to ensure we have your correct details and you receive details of student opportunities

<https://www.mcbschools.com/como/studentupdate>





## Meetings

The P&C meet once a month during term time on the 3rd Monday of each month at 7.30pm at the College in the Elicos Room. Attendance at these meetings is a great way to find out more about what is happening in the College, its future plans and how these will affect your child and your family. It is also a venue for parents to voice concerns, raise issues and discuss ideas both with the Principal and with other parents.

## Second-Hand Uniforms

There is a second hand uniform shop located at the school. It is run by the P&C and all funds raised go towards projects to benefit all students. Non-students need to sign in at the front office and staff can assist as to where to find the shop.

The shop is run on donations only. Please consider donating any school uniforms that you no longer need, including any specialist program uniforms, e.g. black pants, white collared long sleeve shirts for music performances.

Donations: can be placed in the marked boxes in the Canteen, the front office during school hours or given to the shop when open.

OPEN EVERY FRIDAY 8.30AM – 9.15AM

LOCATION: B BLOCK

ENQUIRIES: [COMOSECONDS@OUTLOOK.COM](mailto:COMOSECONDS@OUTLOOK.COM) PAYMENTS: CASH ONLY



## COMO NOTICES

Please remember school zone speed limit



### College Access

All visitors to the College MUST sign in at Administration.

### Contact Details

Please advise changes via email to [Como.SC.AdminSupport@education.wa.edu.au](mailto:Como.SC.AdminSupport@education.wa.edu.au), or Change of Details form available at Administration. Please ensure the College has your current email address.

### Contact During School Hours

Please DO NOT call the College to ask for a message to be given to your child. Please understand that with a College community of over 800 it is not possible to get messages to individual students. To avoid this issue, please ensure that after school arrangements are pre-arranged. This is part of helping students to become independent.

### Drop-off

There is considerable vehicle traffic around our College site before and after school. It is expected that all vehicles use the Bruce Street car park or the marked drop-off bays to drop students off. Staff and Student car parks are NOT to be used for this purpose because it causes a great deal of congestion and potential danger to students.

## Health

The Health Centre is open when the School Nurse is on site. When the Centre is open, students may access it at recess and lunch time without needing permission. If a student wishes to go during class time, permission with a note written in the College diary by their supervising teacher is required. If the Nurse is not available, students should see another member of the Student Services team or a Deputy Principal. **Under no circumstances are students to contact parents/guardians directly and leave the College grounds without parents contacting the College and the student being properly signed out.** In the case of injury, either a parent will be contacted or the student will be sent by ambulance to hospital, at the parent's expense.

NOTE: Please consider the health and wellbeing of others before allowing unwell students to attend school.

## COMMUNITY CONNECTIONS

These times can be stressful for many families. If you require help during this period, the following information may be of assistance.

Emergency services and help lines:

Call 000 in an emergency if you feel someone is at risk of harm OR for mental health emergency assessment, support and referral contact:

- Urgent Mental Health Telephone Support Line supports children and young people under 18 years (family who have concerns can call 24 hours a day/7 days a week incl. public holidays) - 1800 048 636

- Mental Health Emergency Response Line (MHERL) 18 years+ is 24/7 – 1300 552 002 (metro) Peel callers – 1800 676 822 (free call).

- RuralLink for Rural and remote areas from 4:30pm to 8:30am (Mon to Fri) and 24 hrs (Sat, Sun and public holidays) - 1800 552 002

- Find your GP after-hours clinic. Call after hours GP Helpline on 1800 022 222

Womens Domestic Violence Helpline 1800 007 339

Beyondblue 1300 224 636

Crisis Care Helpline 9223 1111

Or Country Toll Free 1800 199 008

Headspace 1800 650 890

Kids Helpline 1800 551 800

Lifeline 13 11 14

Men's Line Australia 1300 789 978

Suicide Call Back Service 1300 659 467

The Samaritans 135 247 (7AM to 7PM)