



**E Newsletter 2022**  
**01 April | Issue 2**

## Important dates:

**Friday 08 April**  
Last Day Term 1

**Tuesday 26 April**  
Term 2 Commences

**Monday 18 July**  
Student Free Day  
(School Development)

**Monday 10 October**  
Student Free Day  
(School Development)

View the

[College Events, Term Dates & Calendar](#)

Follow us on Facebook and keep up to date with all the news [here](#)

## PRINCIPAL'S MESSAGE

### Digby Mercer

#### COVID-19

Since the first reported case on March 4, there have been 58 students who have tested positive for COVID and dozens more have been close contacts. Over half of the close contacts have been family related but there have also been many that have occurred at school. There have been several positive cases among staff.

We have greatly appreciated the efforts of those parents who have kept their children home if they have shown symptoms or who have promptly contacted the school if their child has tested positive. This has helped us with our contact tracing and allowed us to inform affected students and their parents as soon as possible. This is probably why we haven't been too heavily affected so far. What has been very clear from the work we have done is that infections occur in distinct clusters among friendship groups. The role of schools in contact tracing is being wound back but we will still endeavour to inform close contacts as soon as practicable. This work will now be done during school work hours.

In comparison to other schools we have not been severely affected so far. The main issue we face, as for all schools, is teacher supply. Even before the impact of COVID there was a shortage of teachers and this has only been made worse by the pandemic. Finding relief teachers has been difficult and sometimes impossible as we approach the peak.

From the start of Term 2 there will be easing of public health measures in schools, provided there is not a deterioration in the situation over the holidays. The mask wearing requirements will remain in place but there will be the following changes:

- Single year-group assemblies can be held in line with mask requirements.
- Parents/carers are allowed on school sites for outside school pick-up and drop-off, face to face parent-teacher meetings, attending year group assemblies, volunteering in roles outside of classrooms e.g. canteen, and uniform shop, and infrequent special events (in line with community venue capacity and density limits).
- In-school special events with more than a class size can be held with masks and physical distancing.
- Parents/carers are allowed to spectate at indoor and outdoor sporting events, performances and other interschool events with masks and physical distancing.
- Gatherings of parents/carers can occur on school sites e.g. P&Cs, with mask wearing.

### Staff Changes

After 18 years at Como, Mr Roy Dobson will be leaving us to take up a new position at a school five minutes from home. Legions of students will remember Mr Dobson not just for the French lessons, but for his overwhelming passion for football. This is made obvious by the scarves, soccer balls and other memorabilia that adorn his classroom and his commitment to lunchtime soccer competitions. We thank Roy for his work at this school including time as a Year Coordinator, and wish him well for the future. Deputy Principal Ms Leslie Carruthers will be taking eight weeks of long service leave from the start of Term 2. Acting in her role will be Ms Kirsten Romany and in turn, Mr Brent Skufca will be acting head of the Technologies Learning Area.

### P&C

The P&C have been very actively supporting the school this term with some significant funding. This includes the installation of a video wall in the new cafeteria and the provision of paving, shade sails and a garden wall in the Year 12 quadrangle. In addition, the P&C has continued funding of the SchoolTV parent advice website resource. A big thanks to the newly elected office bearers for their commitment to the school and to retiring P&C secretary Naomi Chapman for her work.

### Premier's Visit

The Premier, Mark McGowan and the Minister for Education, Sue Ellery, officially opened the school's canteen development on Monday, March 21. The opening coincided with lunchtime. There was a very high level of interest and excitement among the students who crowded around the ceremony site and hung on every word. Under the Covid restrictions, special guests were limited to 24 persons. The Premier made a special request that as many students as possible be included as a part of the official party so about ten students were lucky enough to be personally introduced to the Premier.





We are currently looking for administration and cleaning staff

If you are interested in either of these opportunities please contact Jo May on 9365 2000 or [Jo.May@education.wa.edu.au](mailto:Jo.May@education.wa.edu.au)



## Applications for the 2022 RYPEN camp are now **OPEN**

If you are or know someone who is 14-17 years of age who is

- Wanting an opportunity to develop and challenge themselves
- Looking to develop their self-esteem and confidence
- Interested in developing skills including leadership, teamwork, communication, goal setting & problem solving
- Wanting to build a network of young people and to make new friends
- Excited for a weekend of fun

See here for details - [2022 RYPEN Camp](#)



In Focus Careers provide key dates and information for students and families see here for the

[2022 Career Planner](https://focus-careers.com.au)

[In Focus Careers News](#)



## SET UP A LEARNING ENVIRONMENT

### Grace Bradley - Deputy Principal

The Department of Education requires that we prepare for the possibility that either teachers or students or both will be required to isolate whilst awaiting the results of PCR COVID tests.

If teachers are required to isolate at home, they are still able to conduct remote learning activities. If students are required to isolate at home, the Department expects that they will still be able to participate in remote learning.

If either students or teachers are actually sick, with COVID or something else, they are not expected to work. Teachers on sick leave will have relief cover to continue with classes as usual.

At Como, we will follow instructions provided by the Department of Health and advise families.

In preparation for remote learning, the Department suggests we provide information about setting up a learning environment at home. At Como, we understand that it is not necessarily easy for families to cope with students having to learn remotely at home. The information and website link below are provided by the Department to help families set up a remote learning environment that will help you all to manage this challenging time.

As more planning is put in place, we will let you know about it.

## SET UP A LEARNING ENVIRONMENT

One of the first activities you might like to do with your child is to plan and then create your home learning environment.

An environment in which your child feels comfortable and able to focus on learning will work best.

You may have a regular place for your child to do their homework under normal circumstances, but this space may not be suitable for working in for an extended period of time.

A space/location for extended learning is best if it's a public/family space, and preferably not in a bedroom. It should be a place that can be quiet at times and have a strong wireless internet signal, if possible.

Above all, it should be a space where you or another adult is able to monitor your child's learning as much as possible. A few tips:

### A bit of structure is good



- a suitable desk or table to work at
- access to the materials (stationery, work books) or technology they may need
- a chair that they can sit on without becoming uncomfortable too quickly, but also doesn't send them to sleep by being too comfortable—a properly sized and adjusted office chair is best try to make the space around them fairly clear and open, removing any tripping hazards
- think about their classroom at school and the elements of it that you can easily set up at home. Does their classroom have zones where certain activities happen? For example, a mat, a story time chair and cushions, a technology zone separate from their work desk (with enough safe power points and chords etc to power every thing they need).

### Reduce distractions



If you can, choose a room that your child doesn't already associate with less focussed activities (probably not the television room), reduce clutter around them, and choose a space where they are less likely to be distracted by other household activities.

Test it out—if you notice something in the room that is distracting your child while you're trying to keep them focussed, can you remove it? Or can you use it as part of the activity to engage them?

### Make the space comfortable

- temperature, lighting and noise levels are all important to consider
- consider the sizes of the chairs and desks: do they match your child's size?
- do you need cushions or a booster on the chairs you have to raise your child high enough to be comfortable at the desk?
- do you need something for them to rest their feet on so they aren't dangling? It's best if their knees are bent at 90 degrees and feet are flat on the floor when they are sitting.

- is their lower back well supported?
- is the computer screen (if you have one) at the right height with the keyboard and mouse positioned correctly?
- is everything they need to use regularly within easy reach of their seated position? Every time they get up is an opportunity to get distracted for some children, but others need to get up to stretch and burn off energy regularly. Work out what's right for you and your child.
- your child might like to decorate it with their school work, artwork or other accomplishments they are proud of so it is a positive environment that encourages them to learn more

### Establish a schedule

Routines make life easier as your child will be used to them at school. Together, put together a timetable of activities that is reasonable for both you and your child to manage. Make sure you schedule breaks and opportunities to stretch and get some exercise.

If you are doing a lot of time on technology, make sure you include regular breaks for no-tech times, and maybe make evenings technology-free after a certain time to support their health and wellbeing.

Set up rules together (rewards and consequences)

If you both understand and agree to reasonable behavioural expectations and the consequences of either meeting them or breaking them, life will be much easier for the whole family

### Technology and equipment

Suggested equipment to help with learning at home:

- computer
- accessories such as keyboard, microphone, head phones and mouse.
- an alternative device such as an ipad can also support learning.
- internet access
- headphones
- pens and pencils
- scrap paper
- calculator (optional)
- ruler
- a printer may be useful but not essential.



Familiarise yourself with the [curriculum](#) and the learning platforms that your child's school uses. This may include Connect Classrooms, Webex and Office365.

<https://www.education.wa.edu.au/learning-at-home/learning-environment?redirect=%2Flearning-at-home%2Fsupport-for-parents-and-carers>

## Jo May - Corporate Services Manager

### Contributions and Charges

It is government policy that parents should contribute towards the cost of educating their children. Given that all students benefit from the pool of collected fees, it is fair to expect that all parents should pay the balance of contributions and charges.

Contributions and charges form a large part of the school's income for learning and teaching programs in the school and supports the school in its focus to provide a quality education for all. The College is currently accepting payments for the 2021 and 2022 school year.

Turn one big payment into easy instalments, you may like to consider starting a payment plan NOW to assist with completing all payments.

Payments are accepted by cheque, cash, Visa, Mastercard, direct deposit and Qkr:

BSB: 066 102 | A/C: 00903523 | Ref: student name

### Attendance

- contact the Hub's 24 hour Attendance Hotline **9365 2011** or email [Como.SC.AdminSupport@education.wa.edu.au](mailto:Como.SC.AdminSupport@education.wa.edu.au) go to the Connect homepage to advise reason for student absence before 9.00am
- for early departure provide student with a written note to request permission to leave class
- write an explanation for absence and send it via your child as soon as they return to the College
- respond promptly to Absentee Letters

### Contact Details

Please advise changes via email to [Como.SC.AdminSupport@education.wa.edu.au](mailto:Como.SC.AdminSupport@education.wa.edu.au) or Change of Details Form available at Administration.

**MANY COMMUNICATIONS ARE SENT BY EMAIL – PLEASE ENSURE THE COLLEGE HAS YOUR CURRENT EMAIL ADDRESS.**

### Student pick up & drop off

Parents are reminded to please use the designated areas for pick up and drop off and not the Staff Car Park near Administration. We realise the temptation particularly when the weather is unfavourable, however it can cause more congestion in an already busy area of the school. Your cooperation is much appreciated.

**Closing date is 08 April 2022, please click on the link below for further details**

**[SECONDARY ASSISTANCE & ABSTUDY SCHEME APPLICATIONS](#)**



# SEQTA

The onboarding process of students onto SEQTA Learn and parents onto SEQTA Engage is well underway and proving positive on many fronts.

If you are experiencing any problems or have not received a parent login please contact the college on 9365 2000.

**Please remember to check SEQTA Notices to keep up to date**

# STUDENT SERVICES

## Nicole Richardson and Michael Foster

### Como Way Champions

To reward our students who do the right thing but don't necessarily get the recognition they deserve, student services is proud to present "The Como Way - Champion of the Week".

Staff and students will be able to nominate someone who has demonstrated The Como Way values of; Integrity, Care, Ambition, Respect and Effort. Student services will then select one student to be our champion of the week.

The champion of the week will be announced each Friday and will receive a small prize pack.

This term our Como Champions have been: Sienna S (7), Estrella P (7), Madeline F (8), Piper D (9), Sierra F (10) and Ben R (11)

Well done to all of these students and we look forward to announcing many more Como Champions.



Como way champions picture: Sierra F (10), Madeline F (8), Sienna S (7), Ben R (11)

### Year 10 Youth Leadership Conference

Our Year 10 Student Councillors were invited to attend the State Youth Leadership Conference on Tuesday 15 March 2022.

"The event that brings together the states most influential young leaders. The State Youth Leadership Conference aims to equip our students and future leaders with the skills and confidence to be change-makers in our schools and communities and to prepare youth for a future in leadership"

Students participated in workshops and a Q and A panel and listened to youth guest speakers (a highlight). They came away equipped with new skills and determination to lead positive change at Como and in their communities. (They have already embarked on a new project started this week inspired by the conference... watch this space)



Yr 10s (rear Left to right) Sarah V, Ruby W, Beau F, Lucas T, Oyajit (Priyaji) S, Lucy T (front) Ella D

### Year 9 Basketball Competition

Student Services have run a Year 9 Basketball competition this term as a positive incentive for Year 9 students who maintain excellent behaviour and attendance each week. It is also a great way to burn all that extra energy that our Year 9 students have!

Students nominated themselves and teams and fixtures were created. The games are held every Tuesday and Friday at recess in the gym.

We appreciate the help of our senior students who have come along to umpire the games each week.



The City of South Perth will celebrate WA Youth Week by hosting a range of fun free activities from 8-16 April 2022.

The theme for 2022 is 'Courage to Change' - a call to action, empowering young people to form their own opinions, shape decision making and enact change.

Youth Week is the largest annual celebration to recognise and celebrate young people aged 10-25 years. Selected Youth Week events will take part in WA Tree Festival.

Check out what's on [here](#)  
More events on [eventbrite](#)



**Educating parents on practical strategies to help manage modern-day issues and challenges affecting today's youth across both primary and secondary school levels.**

Como Secondary College with the support of the P&C provide SchoolTV which offers a wide range of resources to assist with the challenges faced by students and families today. It can be easily accessed via our [website homepage](#) using the blue TV icon on the right, alternatively click on the link below.

**Special Report**

Vaping is becoming a trendy pastime that is growing in popularity across Australia, especially amongst teenagers. It is the act of inhaling a vapour created by an electronic cigarette, or e-cigarette. Many teenagers are succumbing to peer pressure around this risk-taking activity due to the ease of accessing and hiding vapes. They are often cheaper than conventional cigarettes, making it more cost-effective and attractive to young people.

Although under 18s are not legally allowed to purchase any type of e-cigarette or vaping product in Australia, teenagers are finding ways

**THE LIBRARY**

**Elizabeth Humphries - Library Officer**

We have had a beautiful start to 2022 with our Years 8-12 readers, and we welcome an amazing groups of Year 7s who have shown enormous enthusiasm for books and the new facilities available to them in the school library. They have all been a delight to see every day and get to know during this term.

New Fiction is arriving thick and fast via our subscription service, ASO, where the library gets a copy of new titles selected from Publishers around Australia. This means we never miss out on the latest home-grown books. We also have access to the international market

to access them online. Australia has strict regulations in place for nicotine-containing products, and attempts are being made to regulate vaping and ban the importation of them. Many of the flavoured liquids associated with vaping, contain not only high levels of nicotine, but other potentially harmful additives. Many of these "e-liquids" contain chemicals that are likely to be toxic, that when inhaled or vaped repeatedly, can cause severe damage to the lungs.

Vaping is often marketed as being the "healthy" alternative to smoking. However, doctors strongly advise that if you do not smoke, then you should not start vaping. Most teenagers are unaware of the associated risks and potential impact vaping can have on their development and overall health. Parents are encouraged to discuss the dangers of nicotine addiction and include e-cigarettes in the discussion alongside alcohol and drugs.

Here is the link to your special report [https://como.wa.schooltv.me/wellbeing\\_news/special-report-vaping-au](https://como.wa.schooltv.me/wellbeing_news/special-report-vaping-au)



and we do our best to keep up with everyone's love of Manga as well as new books from established authors. We are looking forward to some exciting additions to our range during Term 2.

Whether you are studying, reading or just needing some peace and quiet, the library is the perfect place to visit. It's calm, cool and welcoming, and we are open from 8am-4pm every day. We hope you have a wonderful Easter and enjoy a well-earned break with family and friends.



**The Phillip Pandal Young Heritage Award for 2022 is now open for entries.**

This Local History Photographic and Essay Competition is open to all students in Year 1 to 12 who live in or attend schools in the City of South Perth. Entries close on 6 May, 2022.

The competition is organised by the City of South Perth Historical Society and aims to encourage students to explore the importance of the photographic record as a history of people and place in the City of South Perth and to promote excellence in historical writing by providing students with the opportunity to research people and places in the City of South Perth. There are a number of cash and book prizes.

Attached to this email is a Flyer, along with more information about the competition. Information can also be accessed on the City of South Perth Historical Society website [www.southperthhistoricalsociety.org](http://www.southperthhistoricalsociety.org) or via email [info@southperthhistoricalsociety.org](mailto:info@southperthhistoricalsociety.org)

# HEALTH AND PHYSICAL EDUCATION

## Renate Paskandy - HoLA

### Interschool Swimming Carnival

After a last-minute green light on the event from Sporting Schools, Mr Findlater gathered an exceptionally strong Swimming Squad for the School Sport WA Division B Interschool Swimming Carnival, held on Thursday 17th March at HBF Stadium.

For the second year in a row, the Swim Squad won the Meritorious Shield and also boasts three Year Group Champions and a Runner-Up:

- Niamh Dickson – Year 7 Champion Girl
- Gary Bezuidenhout – Year 8 Runner-Up Boy
- Matthew Laidler – Year 10 Champion Boy
- Patrick Lee – Year 12 Champion Boy

On behalf of the squad, thank you to Mr Findlater for his organisation and motivation- his vision is what ensures that Como Secondary College is consistently competitive against schools much larger than us. And to Mr Symons and Mr Foster for their support on the day.



### Interhouse Cross Country

This year, Interhouse Cross Country went ahead without the proposed Colour Run which was cancelled due to supply chain issues. The sun still shined on us brightly here in The West and over Como Secondary as our competitors ran the 2km and 4km course. This year also saw us trial some new technology with individuals receiving unique barcodes in an effort to spread competitors over the course while maintaining accurate timing.

A special mention to Brandon Kift, who on the day, verified the official distance of the course before the event and assisted in the set-up of the finishing gates. This year saw 2 new records broken:

- Patrick Lee – Year 12: 15:55.7 beating the 2019 Year 12 Boys record of 16:01.00
- Tony Thomas – Year 10: 15:01.2 beating the 2017 Year 10 Boys record of 16:57.00

Congratulations to Jacaranda House who won the event overall on 253 points. Flame came in second on 243 and Pine in third on 200.

Further congratulations to our Year Group Champions and Runner-Ups:

Year	Gender	Rank	Name	Year	Gender	Rank	Name
7	Girls	1	Josephine Gosper	10	Girls	1	Lucy Taylor
		2	Eva Quance			2	Andy Petzke
	Boys	1	Dhairya Dave		Boys	1	Tony Thomas
		2	Kai Robertson			2	Jonte Sadler
8	Girls	1	Mia Cruikshank	11	Girls	1	Anna Johnson
		2	Alexa Petzke			2	Talia Negara
	Boys	1	Kane Darmody		Boys	1	Brandon Kift
		2	Gary Bezuidenhout			2	Toby Whichello
9	Girls	1	Ginger Archer	12	Girls	1	Grace Taylor
		2	Kate Marshall			2	Sophia Stiles
	Boys	1	Oscar Banyard		Boys	1	Patrick Lee
		2	Will Penman			2	Shaun Shackley







Despite the current climate we are living in, the hockey students have made a very positive start to the year thus far. They have worked hard during their fitness block and are now enjoying being on the pitch and getting their skills sharpened, ready for the season ahead.

### Como Captains Cup

On Friday 1st April we are introducing the 'Como Captains Cup'. Due to a number of factors, this event has replaced the traditional Quadrathon. The input from students (particularly the senior students) in developing this new event is much appreciated. Each of our 4 captains will lead a squad comprising of year 7-12 students. The squads have been constructed by means of a draft selection to mix all students across the academy and provide the opportunity for, particularly the younger students, to play, socialise and learn from each other and the more experienced students. The squads, rules and all other details of the event have been published via SEQTA and given to students directly. We look forward to what we hope will be a fantastic new event in the hockey program.

### Good Luck U18 and U15 State Teams

All the very best of luck to our current and former Como Hockey Academy students who have recently been selected for the WA U18 and U15 state teams. They depart shortly for their respective tournaments and we hope they find the experience a rewarding and enjoyable one in which they learn many things they can bring back to further enhance their, and their class mate's games in the future.

Good luck to the following students, past and present:

U18 Boys. 6th - 14th April, Cairns, QLD:

Shaun Shackley  
Kirby Hobbs  
Zed Kearman  
Brodie Hiskins (FP)

U18 Girls. 6th - 14th April, Cairns, QLD:

Jaeda Ritchie  
Saysha Pillay (FP)  
Lilly Mann (FP)  
Portia Miller (FP)  
Samantha Pope (FP)

U15 Boys. 7th – 13th April, Newcastle, NSW:

Harley Muir  
Jonah Pilatti  
Oscar Banyard  
Alexander Passalacqua  
James Shackley  
Harper Kearman (FP)

U15 Girls. 7th – 13th April, Newcastle, NSW:

Georgia Hiskins  
Maddison Hill

### Congratulations – Georgia Hiskins, Jaeda Ritchie and Kirby Hobbs - Ric Charlesworth Classic

For those not aware, the Ric Charlesworth Classic is a relatively new competition which now serves as a platform for pre-season competition and a potential selection tool for Thundersticks (Senior State Team) selection. Teams are selected in a draft process where they play games in a tournament format over 9 days. This is a huge opportunity to play with former and current state and national players, and it is a tremendous achievement that some of our current students have been selected in these senior hockey squads while still junior players themselves! A fantastic achievement and hopefully a sign of great things to come.

### New Whole Academy Programs

Our new Strength and Conditioning, Flexibility and Sprint Programs are now on their first rotation, with the S&C and Flexibility sessions having taken place over the last 2 weeks. So far, the feedback from students has been extremely positive and the sessions have been well received not only by the students but by the coaches who have commented on how professional the students have been and that they are a credit to the program and the school. Well done CHA students! We look forward to seeing the benefits of these programs throughout the year



### Specialist GK Coaching

I am delighted to inform you that we have secured the services of Hunter Banyard for specialist GK coaching throughout terms 2 and 3. Hunter is a former CHA student with a number of accolades to his name – most recent of note being U18 Australian Squad Selection, Ric Charlesworth Classic 'Breakers' selection and recent return from the Burras (Australian U21 Men) training cap. Hunter was an extremely talented student while involved in the Hockey Academy and has gone from strength to strength with his hockey since finishing school. We are extremely lucky and excited to have his talent and expertise supporting the academy – especially that of a former student. We look forward to his sessions next term. GK's, I will speak to you directly about the sessions...get ready for some hard work!

### Term 2 – Training Squads and Matches

This year we will be introducing matches for 'training squads' into the program. Instead of a squad of 16 players playing a match against another school, we will play up to 32 students within the academy against each other. This format will enable more students to play more games, whilst providing a more conducive learning environment where we can adapt games to help develop aspects of our game as an academy. Games will take place on Monday's after school at PHS and full details of training squads, times and dates will be published in week 10 before the holidays in order to prepare for term 2.

### New Uniform Sweatshirt

The school board recently passed the proposal of a new CHA sweatshirt. This design has been created with help and input from CHA students and will be available to purchase from our current uniform supplier – Uniform Concepts - during the school holidays, ready for term 2. Sample sizes are due to be delivered to the school in week 9 and students will have the opportunity to try these on for size. They will then be given an order form home which they fill in and I ask you to sign (to verify that you intend to purchase a sweatshirt for your child)



so that the appropriate quantity of sweatshirts can be produced. Due to the relatively small number of sweatshirts Uniform Concepts would like an accurate number of what to produce so there is no waste in product. This is a bespoke item for the hockey academy and we are very excited of its introduction to our current uniform. The new sweatshirt (pictured in this article) will be available from Uniform Concepts and costs \$45 inclusive of all embroidery and GST.

### Opro Mouthguards via Addlon Trading

The relationship that has been created with Addlon Trading and Opro Mouthguards is one which is ongoing for the year. All students have

been given a 'promocode' which they can use via the opro mouthguards website. The students who have already used this offer have reported that the process has been very easy and have been very satisfied with their new mouthguard. Please feel free to use this to purchase your new mouthguard should you need one. We are very fortunate and grateful for the support from Addlon and Opro in offering our students world class mouthguards at reduced rates.

### Tuesday Lunchtime Floorball Competition – Postponed until further notice

Tuesday lunchtimes in the school gym will be Como Hockey Academy time. Our Academy captains had organised a floorball competition for all students in the academy to have fun in a relaxed and fun environment where they can play and socialise together across all year groups. Unfortunately, due to COVID restrictions this cannot currently take place, however we are hopeful to resume this when restrictions allow.

### Notice Board and SEQTA

For updates and information on further new additions to the program throughout the year, students are already aware of the Hockey Academy Notice Board where they can relay this back to you at home. The new SEQTA Como Hockey Academy Portal page is also now up and running. Please check this for all current information on the Hockey Academy.

On a personal note, thank you to all the parents who have provided me with such positive feedback so far this term. I really appreciate the support.

## MUSIC

### Kiara Wild - TIC

Welcome to Music!

Mr Alex Borserini has joined the Music team at Como Secondary College for 2022.

Currently, he is teaching Year 9 & 10 Specialist Music and the Year 9 & 10 General Guitar classes. Welcome Mr Borserini!

### Recording

The Junior Stage Band and Choir have been busy preparing to record over the past few weeks. Mx Phan kindly offered to mix and master the sound for us to be able to give students a chance to experience the process while we can't rehearse 'normally'. We're all excited to hear the end product and hope we can record more of our ensembles this year.



### EASTER RAFFLE

The Annual Music Easter Raffle is back! Don't miss your chance to purchase tickets to win one of the delicious and drool worthy hampers full of chocolate goodness! Tickets can be purchased by anyone via QKR or in person at the College Administration Building. Tickets are \$2 each or \$5 for 3.

## Meetings

The P&C meet once a month during term time on the 3rd Monday of each month at 7.30pm at the College in the Elicos Room. Attendance at these meetings is a great way to find out more about what is happening in the College, its future plans and how these will affect your child and your family. It is also a venue for parents to voice concerns, raise issues and discuss ideas both with the Principal and with other parents.

## Second-hand uniforms

There is a second hand uniform shop located at the school. It is run by the P&C and all funds raised go towards projects to benefit all students. Non-students need to sign in at the front office and staff can assist as to where to find the shop.

The shop is run on donations only. Please consider donating any school uniforms that you no longer need, including any specialist program uniforms, e.g. black pants, white collared long sleeve shirts for music performances.

Donations: can be placed in the marked boxes in the Canteen, the front office during school hours or given to the shop when open.

OPEN EVERY FRIDAY 8.30AM – 9.15AM

LOCATION: B BLOCK

ENQUIRIES: [COMOSECONDS@OUTLOOK.COM](mailto:COMOSECONDS@OUTLOOK.COM) PAYMENTS: CASH ONLY



## COMO NOTICES

Please remember school zone speed limit



### College Access

All visitors to the College MUST sign in at Administration.

### Contact Details

Please advise changes via email to [Como.SC.AdminSupport@education.wa.edu.au](mailto:Como.SC.AdminSupport@education.wa.edu.au), or Change of Details form available at Administration. Please ensure the College has your current email address.

### Contact During School Hours

Please DO NOT call the College to ask for a message to be given to your child. Please understand that with a College community of over 800 it is not possible to get messages to individual students. To avoid this issue, please ensure that after school arrangements are pre-arranged. This is part of helping students to become independent.

### Drop-off

There is considerable vehicle traffic around our College site before and after school. It is expected that all vehicles use the Bruce Street car park or the marked drop-off bays to drop students off. Staff and Student car parks are NOT to be used for this purpose because it causes a great deal of congestion and potential danger to students.

## Health

The Health Centre is open when the School Nurse is on site. When the Centre is open, students may access it at recess and lunch time without needing permission. If a student wishes to go during class time, permission with a note written in the College diary by their supervising teacher is required. If the Nurse is not available, students should see another member of the Student Services team or a Deputy Principal. Under no circumstances are students to contact parents/guardians directly and leave the College grounds without parents contacting the College and the student being properly signed out. In the case of injury, either a parent will be contacted or the student will be sent by ambulance to hospital, at the parent's expense.

NOTE: Please consider the health and wellbeing of others before allowing unwell students to attend school.

## COMMUNITY CONNECTIONS

These times can be stressful for many families. If you require help during this period, the following information may be of assistance.

Emergency services and help lines:

Call 000 in an emergency if you feel someone is at risk of harm OR for mental health emergency assessment, support and referral contact:

- Urgent Mental Health Telephone Support Line supports children and young people under 18 years (family who have concerns can call 24 hours a day/7 days a week incl. public holidays) - 1800 048 636

- Mental Health Emergency Response Line (MHERL) 18 years+ is 24/7 – 1300 552 002 (metro) Peel callers – 1800 676 822 (free call).

- RuralLink for Rural and remote areas from 4:30 pm to 8:30 am (Mon to Fri) and 24 hrs (Sat, Sun and public holidays) - 1800 552 002

- Find your GP after-hours clinic. Call after hours GP Helpline on 1800 022 222

**Womens Domestic Violence Helpline** 1800 007 339

**Beyondblue** 1300 224 636

**Crisis Care Helpline** 9223 1111

**Or Country Toll Free** 1800 199 008

**Headspace** 1800 650 890

**Kids Helpline** 1800 551 800

**Lifeline** 13 11 14

**Men's Line Australia** 1300 789 978

**Suicide Call Back Service** 1300 659 467

**The Samaritans** 135 247 (7AM to 7PM)